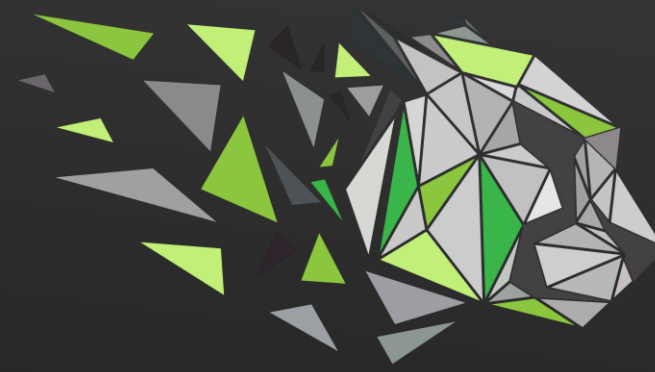


# PRO REGENERATION

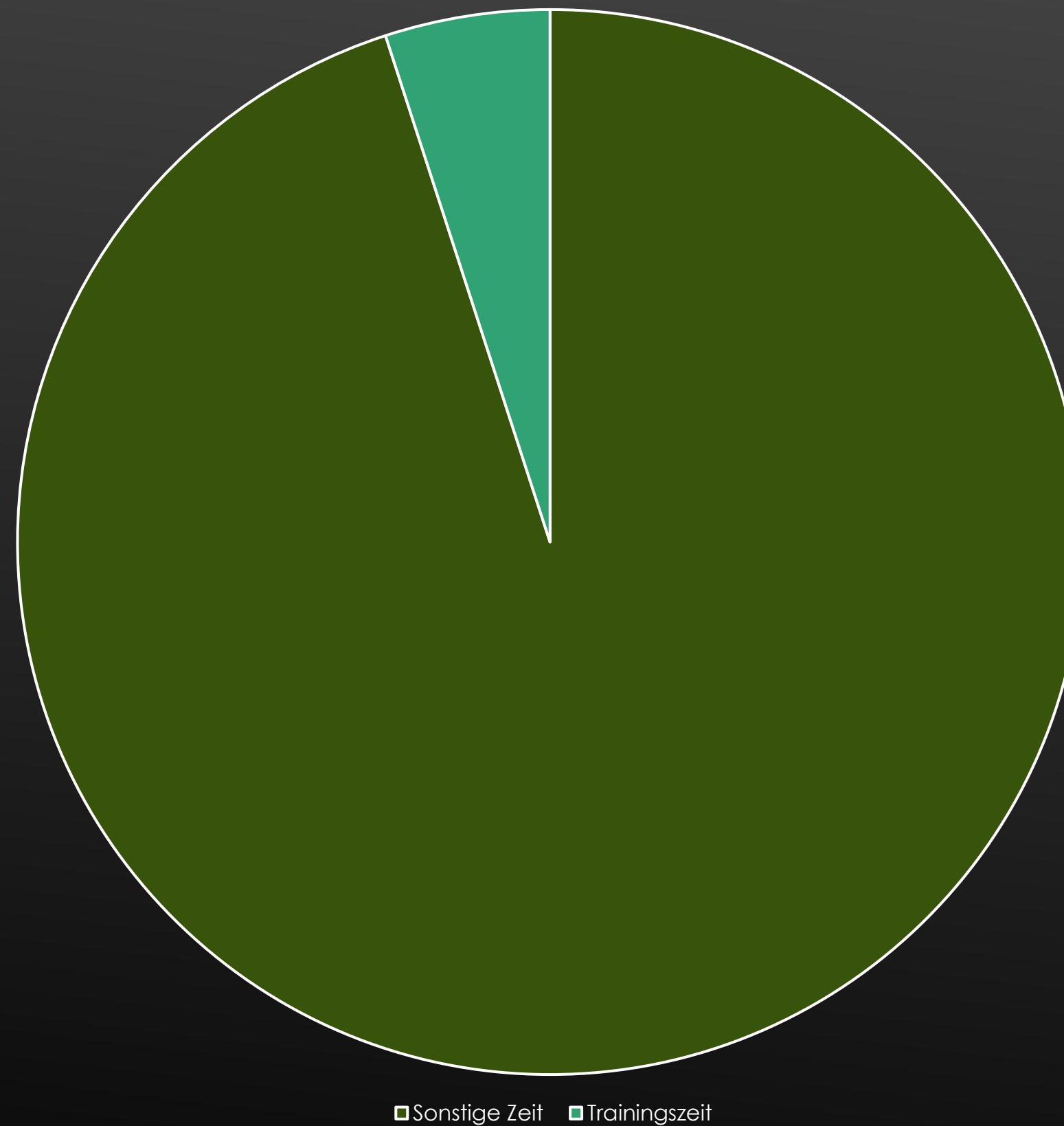
FUßBALL



ESP-ATHLETES

# LEBENSSTIL

Zeitaufteilung innerhalb einer Woche



■ Sonstige Zeit ■ Trainingszeit

