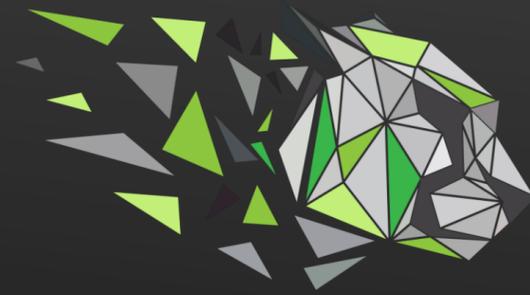
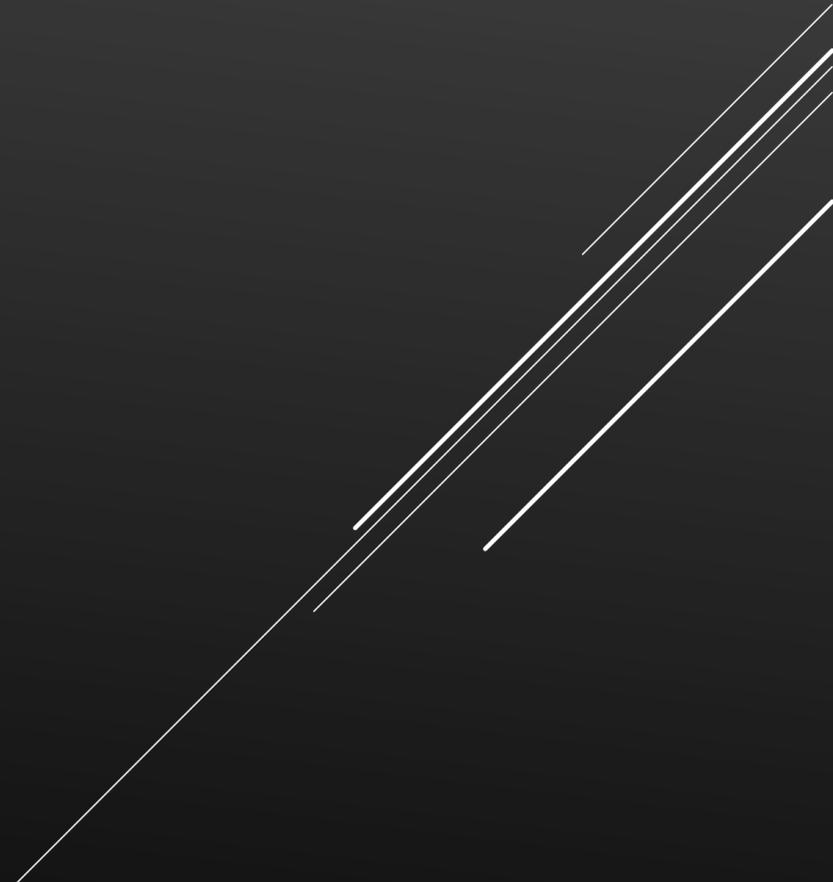


REGENERATION

WARUM, WAS UND **WIE?**

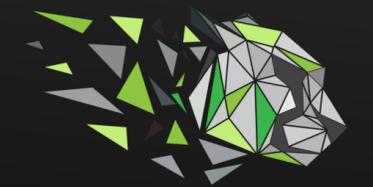


ESP-ATHLETES



WIE

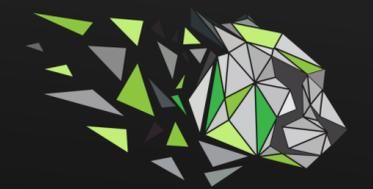
- ▶ **Künstliches blaues Licht**
- ▶ Einfluss auf den Circadianen Rhythmus



ESP-ATHLETES

WIE

- ▶ Künstliches blaues Licht
- ▶ **Einfluss auf den Circadianen Rhythmus**



ESP-ATHLETES